

a) Efficacy: exciting and warm, stimulating and revitalizing the cells, improving the heart beats, brain activities and respiration

b) Physiotherapy function: removing wrinkles, spots and acnes, stimulating the blood circulation and metabolism, revitalizing the skin tissue

2) Yellow light:

a) Efficacy: stimulating the nerves, increasing the blood pressure, speeding up the pulse, reinforcing the immunity and digestion

b) Physiotherapy function: improving the absorption of oxygen, stimulating the blood circulation, revitalizing your skin and digestion

3) Blue light:

a) Efficacy: you feel cool and refreshed, relieving the pressure, reducing blood pressure, balancing and focusing your mind

b) Physiotherapy function: developing the gluey protein, revitalizing your skin and tightening the lax skin

4) Green light:

a) Efficacy: this natural color has comfort and calm curative effects on your anxiety and depression, you feel relaxed and relieved

b) Physiotherapy function: improving the gland function, removing the spots, acnes, pimples

Far infrared rays is helpful to your health

1) Activates water molecules and improve the oxygen absorption

2) Improves the circulation

3) Stimulates the metabolism

4) Balances the acidity and alkalinity

5) Consumes your energy, burns your fat, reduces your weight

